

WALK 'N TALK TUESDAYS

We're Still Walking.....

When? 8-10am Every Tuesday

Where? Lower Macungie Township Community Center Gym

Who? Any Township Resident

Why? For Fun and Exercise

All Ages Welcome * Men and Women * Open Gym Format

FREE

No signups required – Walk at your own pace

Bring a walking companion or come out to meet some new friends!

Light refreshments will be served

